

***Fellowes***

Ergonomic Solutions



PlushTouch™  
**Lumbar Support**

# PlushTouch™

## Lumbar Support

### Features:

- The Softest Place Your Back Can Rest™
- Featuring FoamFusion™ technology for maximum comfort and support to deliver long-term lumbar support for extended periods of sitting
- Adjustable strap with durable buckle fits most chairs
- Modern design accents to suit any workspace and complements PlushTouch™ Wrist Supports
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



### Specification:

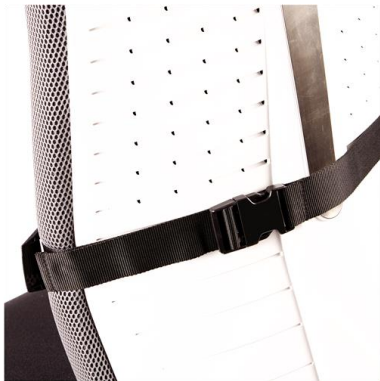
Code	8026501
Colour	Black
Product Dimensions (H x W x D)	35.50 x 9.00 x 19.50 cm
Product Weight	0.29 kg
Retail Packaging Dimensions (H x W x D)	21.00 x 12.00 x 40.00 cm
Retail Packaging Weight	0.37 kg
Outer Carton Dimensions (H x W x D)	23.00 x 21.60 x 38.00 cm
Outer Carton Weight	1.05 kg
Adjustable Strap	Yes
Strap Length	88.00 cm
Back Support Type	Lumbar Support
Covering	Fabric
Inner Material	Foam
Retail Barcode (UPC)	043859722327
Outer Carton Barcode (SCS)	50043859722322
Quantity per Outer Carton	2
Warranty	5 Years Limited



**Ergonomic design**  
Lumbar support to prevent back tension



**FoamFusion™ technology**  
FoamFusion™ technology provides maximum comfort and support for extended sitting periods.



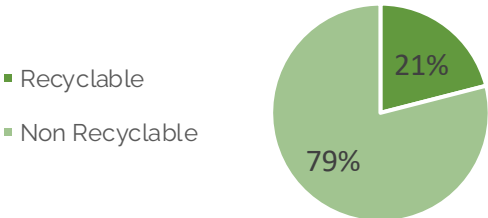
**Easy to attach**  
Adjustable strap to fit most chairs.



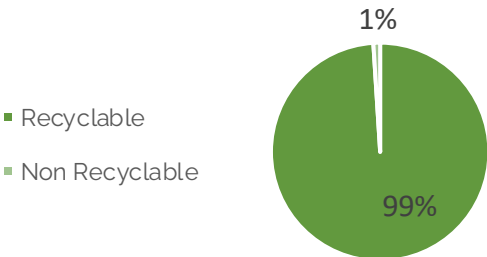
**Modern Design**  
Suits any workspace and complements PlushTouch™ Wrist Supports

Recyclability:

Product



Packaging



## Ergonomic Working:



### ZONE 1 PREVENT BACK TENSION

#### Check your posture.

A foot and back support will help provide the most comfortable working position.

#### How to use a back support

1. **Lumbar supports:** These should fit in the inward curve of your lower back - about waist level
2. **Full back supports:** Ensure the support is positioned so it fits the inward curve of your lower back and supports your upper body.
3. **Seating position:** Sit just off upright, so you feel that you are supported by the backrest with your shoulders relaxed. Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle. Knees should be level or just lower than your hips with your feet firmly supported on the floor.
4. **Support your feet:** Don't forget to use a foot support if you can't place your feet firmly on the floor or want to add movement to your day.



## Certifications:

EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



## Aftercare:

**Cleaning:** Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

**Handling & Storage:** Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

